



Health&Hope

YES! I would like to give to Health and Hope

Your Donation

You can now make a one off donation with a debit or credit card on our website by going to www.healthandhope.org/donate. You can also now complete an electronic gift aid form online along with your gift. Alternatively, you can choose from an option below:

I enclose £ _____ CASH/CHEQUE (please make cheques payable to:
Health and Hope UK)

I have set up a standing order for £ _____ to be paid into the Health and Hope UK,
Metro Bank account number: 12209533 Sort Code: 23-05-80. Payments will be made:
 monthly quarterly annually

I have deposited a one-off gift of £ _____ into the Health and Hope UK, Metro
Bank account number 12209533 Sort Code 23-05-80.

Your Gift Aid Declaration

I want Health and Hope UK to treat as Gift Aid donations all qualifying gifts of money made

Today in the past 4 years in the future (Please tick **all** boxes that apply)

By checking the box I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all charities and Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I gave up to April 2008 and will reclaim 25p of tax on every £1 that I give after 6 April 2008.

I will notify Health and Hope UK if I want to cancel this declaration, if I change my name or home address or if I no longer pay sufficient tax on my income and/or capital gains.

Your details

Title _____ First name _____ Surname _____

Full home address _____

Postcode _____ Date _____

Keep in Touch

I would like to receive periodic newsletters with updates about Health and Hope's work
email _____

Health and Hope UK will not share your information with any third parties